



## Merril Hoge

**Retired NFL Running Back with Pittsburgh Steelers and Chicago Bears; Former ESPN Analyst; Author of *Find a Way and Brainwashed***

Find. A. Way. Three simple words, yet when composed in a sentence, Merrill Hoge has proven that these can be the most powerful words in the English language. “Find. A. Way.” helped Merrill beat cancer, overcome family tragedies, triumph childhood traumas and conquer his personal demons.

A retired NFL running back and former ESPN analyst, Merrill inspires audiences with his story of prevailing over life's hurdles through strength and determination while achieving success through hard work and perseverance. He began his NFL career with the Pittsburgh Steelers, eventually joining the Chicago Bears before retiring due to post-concussion syndrome. During his tenure as an ESPN analyst and host, he was well-known for his sharp insights and knowledge of the game.

In 2003, Merrill was diagnosed with Non-Hodgkin's Lymphoma, which he fought – and beat – using the same tenacity he demonstrated on the field. He shares his moving story in his memoir *Find a Way: Three Words That Changed My Life*. In 2018, Merrill published his provocative book *Brainwashed: The Bad Science Behind CTE and the Plot to Destroy Football*.

Merril's empowering message provides people with strategies to “find a way” as they pursue their own goals.